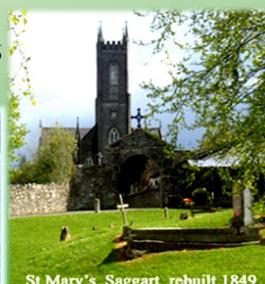


# PARISHES OF SAGGART - RATHCOOLE - BRITTAS & NEWCASTLE



## Parish Grouping Newsletter - 30th Jan 2022

We are just one month into 2022 and Christmas celebrations, New Year's seem to be a far distant memory. It's amazing how quickly life and routine takes over.

Unrest, Ukraine worries, easing of restrictions, the CAMHS report, tragedies and unreported parties dominate and suffocate the news. We can so easily get swept along in a wave of routine, negativity and mundane. But today's readings, which unfortunately will be heard by a minority

in our community, give an awesome reassurance, hope and message that, if we truly listened and believed it, is transformative and much needed! **We are loved!** Not a fashionable thing to say these days! But YOU are loved and you matter. Not a plastic, fleeting love that passes on a whim of emotion but a love that is unconditional and unending. The world, our community, our church would be less without you in it.

Even when you do not love yourself, your world, your community or even your Church – God loves you and never leaves you alone. No matter how dark, alone or despondent things seem. Our faith gives us the truth that we are worthy and worth it! In the first reading from Jeremiah we hear that we were created and loved into existence – “Before I formed you in the womb knew you, and were born I consecrated you...”. St Paul in the second reading gives his beautiful hymn to love as the greatest of all virtues, a scripture passage that is often used at weddings. “So faith, hope, love abide, these three; but the greatest of these is love.” Faith and hope together are the human but God-given response to love. And faith and hope enable us to live within and to express the love in which we are created and held. Through faith and hope we open the way for love to bring us into the fullness of our individuality, of our humanity – to be the best ME I can be! Through faith and hope, love creates us, and in this love, through faith and hope, we become co-creators with God.

True love is not passive, selfish or self-centred but should lead us to share this message, to **BE** this message of good news to our community. The Gospel reminds us of the reality that this is not an easy thing to do ... “Truly I tell you, no prophet is accepted in his own hometown”. So are we ready to truly accept that we are loved? And if so are we willing to be witnesses to this message so badly needed in our community? It starts with me! The real question is whether I will choose to align my life with this love. Will I turn my life towards Love? Will I respond when Love invites? Will my relationship with the God who loves first become the foundation of all I do and am? Love hopes in the other, has faith in the other's goodness. Faith is both the response to love and the means by which our capacity to receive love expands; faith flowers into hope. Hope flows from faith in God, enabling us to express love creatively, drawing what seems lifeless into being. But without love, faith and hope have no being. Everything rests on this: **that God is love, and love has neither beginning nor end.**

This week may we begin to dare to believe that we are truly loved. *Frank Brown, Parish Pastoral Worker*

**LOVE IS** patient and kind,  
NOT jealous, boastful, proud, rude, self-seeking, irritable, or resentful.  
**LOVE** does not delight in evil BUT  
rejoices with Truth. Love always  
protects, always trusts, always hopes,  
ALWAYS perseveres. Love never fails. 1COR 13:4-8

### Mass Times

#### WEEKEND

RATHCOOLE 6PM SAT VIGIL  
SUNDAY 12 NOON  
NEWCASTLE 10AM  
SAGGART 9 & 11AM

#### WEEKDAYS

SAGGART MON TO FRI 11AM  
RATHCOOLE TUESDAY AND  
WEDNESDAY 10AM  
NEWCASTLE MON AND FRI 10AM  
WEDNESDAY 7PM

#### CONFESSIONS

Priests are available after each mass

**Submissions for  
Newsletter:**

[SNRBparishnewsletter@gmail.com](mailto:SNRBparishnewsletter@gmail.com)

### Contacts

**Office** - Martina Hopkins, Secretary Tel: 086 0108420, [Saggartparish@gmail.com](mailto:Saggartparish@gmail.com), [www.saggartparish.blogspot.com](http://www.saggartparish.blogspot.com)  
Contactable Monday to Thursday 10.00am - 1pm Office open Tuesday & Thursday 10.00am - 1pm

**Saggart/Brittis** Fr. John Gilligan, Moderator 087 4103239, [john.gilligan@dublindiocese.ie](mailto:john.gilligan@dublindiocese.ie)

**Newcastle** Kevin Doherty, Co. PP 087-9049357, [kevin.doherty@dublindiocese.ie](mailto:kevin.doherty@dublindiocese.ie)

**Rathcoole** Fr. David Fleming, 083-8232096, [saggartparish@gmail.com](mailto:saggartparish@gmail.com)

**Deacon** Deacon Paul Ferris, 085-2100261, [saggartparish@gmail.com](mailto:saggartparish@gmail.com)

**Parish Pastoral Worker** Frank Brown 086 101 8173, [frank.brown@dublindiocese.ie](mailto:frank.brown@dublindiocese.ie)



@SNRBParishGrouping

## Fourth Sunday in Ordinary Time, Year C

First Reading	Jeremiah 1:4-5, 17-19
Responsorial Psalm	Psalms 71:1-2, 3-4, 5-6, 15-17
Second Reading	1 Corinthians 12:31-13:13
Gospel Acclamation	Luke 4:18
Gospel	Luke 4:21-30

Catholic Mass Readings for January 30 2022, Fourth Sunday in Ordinary Time, Year C

### FEAST DAYS THIS WEEK

Monday 31st Jan	St. John Bosco, Priest
Tuesday 1st Feb	St Brigid, Abbess
Wednesday 2nd Feb	Feast of the Presentation of the Lord World day for Consecrated Life
Thursday 3rd Feb	St Blaise, Bishop & martyr
Saturday 5th Feb	St Vincent, Virgin & martyr



*Recently Deceased*  
**Sheila Cassells** Newcastle  
**Brian Walsh** Saggart  
**Hughie Hammond** Rathcoole  
*May They Rest in Peace*



Irish Hospice Foundation  
**Bereavement Support Line**  
**1800 807077**



**Open every Monday to Friday**  
**10 a.m. to 1 p.m.**

*Keep sending your prayer requests & petitions.*



Fintan, Mick, Roisin, Amelia, Karl, Joseph, Bernard, Louis, Kevin, Josephine, Ralph, Penny, John, Rachel, Michelle, Karen, Monica, Alice, Vincent, Ben, Shane, Maureen, Bobby, Mila, Darren, Elizabeth, Ruth, Damien, Catherine, Sheila, Mandy, Helen, Jane, Philip, Brendan, Eimear, Katherine, Lorraine, Clinton, Austin, Jennifer, Scott, Lia, Ken, David, Mary, Sinead, Chris, Laura, Grainne, Sam, Marian, Jim, Evelyn,

*Our candle is always lit for you!*



Take a moment to **Reflect**

Christ

has no body now on earth but yours,  
 no hands but yours,  
 no feet but yours.  
 Yours are the eyes through which Christ's  
 compassion is to look out to the world.  
 Yours are the feet with which Christ is to  
 go about doing good.  
 Yours are the hands with which Christ is to  
 bless all people now.

*Teresa of Avila*

### Read the Prayer from St Teresa of Avila

Think about one time when you've experienced God reaching out to someone through another person

#### Read the prayer again

Think about a time that you've experienced God reaching out to another through you.

#### Read the one more time –

#### Change the word 'Yours' to 'Mine'

Recognise the gifts you have, the difference you make to those around you, the opportunities you have been given to share the Love, Joy, Peace, Hope & Compassion of God each day and say 'Thanks'!

#### Keep the Prayer with you...

as an ongoing reminder of how God desires to work through you!

### Eucharistic Adoration in the Holy Family Church Rathcoole.

- Sunday 4 -6pm
- Tuesday 3-5pm
- Friday 3 -5pm
- First Saturday 2 - 3.30pm

### Holy Face Devotions

every Tuesday 11-11.30am



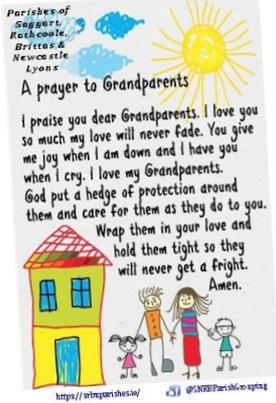
### Prayer for Vocations

God our Father, send workers into your harvest. May the Spirit we received in baptism touch the hearts of many to offer themselves in priesthood, religious life and other forms of service. Give the parents and families of our Diocese the wisdom and courage to support young people in searching for and following the call of God in their lives. Amen.



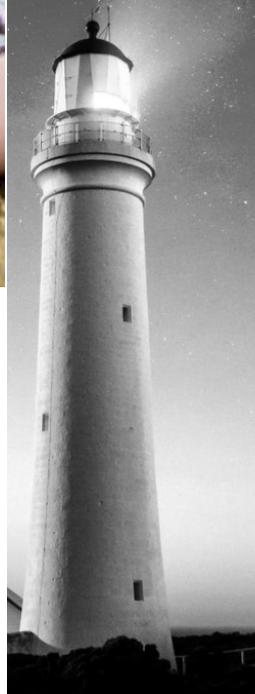
“How important grandparents are for family life...for each and every society.”

- Pope Francis



Last Wednesday was Grandparents Day as part of Catholic Schools week!! Be sure to do something nice for your grandparents and pick up one of the prayer cards from the Church - they make a nice present!!

You are light of the world!  
(Mt 5:14)



## Day of Prayer for Consecrated Life

Archbishop Dermot Farrell will celebrate Mass at 11 a.m on 5th of February 2022 to mark World Day of Prayer for Consecrated Life.

Because of ongoing COVID precautions this will be an online event. You are invited to join via webcam at [www.rednuns.com](http://www.rednuns.com)

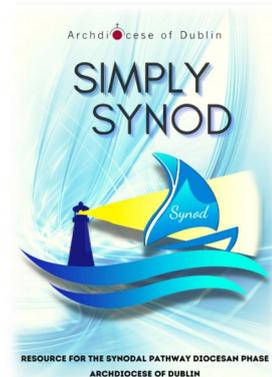
Queries to: Office for Religious  
Email: [religious.externpriests@dublindiocese.ie](mailto:religious.externpriests@dublindiocese.ie)



Archdiocese of Dublin  
Ard Deoise Atha Cliath

**Simply Synod** - This resource is for anyone who wants to discover the meaning of being a synodal Church. Informed by the Preparatory Document for a Synodal Church, it is for use in the Diocesan Phase of the Synodal Pathway. It outlines the meaning of synod and its implications for how we are as a Church. It encourages us to develop the right disposition and attitudes to embark on the journey. It also provides some suggestions about the kind of listening we will need to practice together.

You can read this as an on-line flipbook by [clicking here](#)



## Prayer for the Synod

We stand before You, Holy Spirit,  
as we gather together in Your name.

With You alone to guide us,  
make Yourself at home in our hearts;  
Teach us the way we must go  
and how we are to pursue it.

We are weak and sinful;  
do not let us promote disorder.  
Do not let ignorance lead us down the wrong path  
nor partiality influence our actions.

Let us find in You our unity  
so that we may journey together to eternal life  
and not stray from the way of truth  
and what is right.

All this we ask of You,  
who are at work in every place and time,  
in the communion of the Father and the Son,  
forever and ever.  
Amen.



**Sunday 13th February at 11am**

You are invited to a **“Special Mass Celebrating Couples and the Sacrament of Marriage”** in Saggart Church. We will have a blessing of rings during the mass so please spread the invite. Please let the Parish Office know if you are celebrating a significant anniversary or recently gotten engaged!



**We need volunteers to help us with our Newsletter, website and social media pages**

Over the while we have seen how important maintaining communications and connections are. Can you give a bit of your time? Can you help update, add content, help shape our Ministry of Communication for our parish?

Please contact  
[SNRBparishnewsletter@gmail.com](mailto:SNRBparishnewsletter@gmail.com) or Frank on  
[frank.brown@dublindiocese.ie](mailto:frank.brown@dublindiocese.ie) for more info.

## A reflection on Sunday's readings for our Polish Parishioners - Thanks Chris

Many of us don't like change. We enjoy what we have, what we do, and it is easy to accept the imperfections in our lives because it just costs us less effort. And there is nothing wrong with that. But have we asked ourselves at least once in our lives if the way we live is what God intended for us? Maybe we should change our thinking, behaviour or habits? Repent for the unbelief and the harm we have done to others? It was difficult for Jews to listen to the words of Jesus, and earlier of Jeremiah. Why? Because they questioned their choices, beliefs and decisions. If the Lord speaks to you with Love, either, directly or through the prophets, then listen and believe His promises. He will never let you down.

Wielu z nas nie lubi zmian. Cieszymy się z tego, co mamy, co robimy i tak naprawdę jesteśmy w stanie zaakceptować niedoskonałości naszego życia, bo po prostu kosztuje nas to mniej wysiłku. I nie ma w tym nic złego. Ale czy przynajmniej raz w życiu zadaliśmy sobie pytanie, czy sposób w jaki żyjemy, jest takim jaki Bóg pragnie dla nas? Może powinniśmy zmienić nasze myślenie, zachowania czy zwyczaje? Odpokutować za naszą niewiarę i krzywdy, które wyrządziliśmy innym?

Żydom trudno słuchało się słów Pana Jezusa, a wcześniej Jeremiasza. Dlaczego? Bo kwestionowały ich wybory, przekonania i decyzje. Jeśli Pan przemawia do ciebie z miłością, bezpośrednio lub przez proroków, słuchaj i wierz w Jego obietnice. On nigdy cię nie zawiedzie.

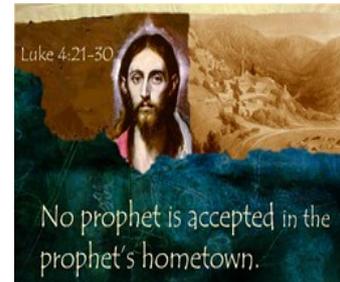


## A Short Thought on Sunday's Gospel Luke 4:21-30 - No prophet is accepted in the prophet's home town

Have you ever been in a place where you really felt comfortable and at ease and you take advantage of the situation, not in a bad way, but in a good way? In a way that you would see people being advanced in their life? Jesus had settled in the synagogue in Nazareth. He had returned home. He was the 'local', so to speak, in a rather peculiar setting. He had perched himself in the synagogue and began to read the scriptures once again. This time, however, his reading of the Isaiah passage began to take a new route. As Jesus interprets this text it becomes clear that Jesus is feeling the fulfilment of the prophecy through the reigning of God's Spirit in his life.

All well and good by Jesus, but what about those who heard what he said? Those who were "in his hearing?" The people of the synagogue! Early in the text, the people in the synagogue, according to Luke, were proud of Jesus. This was after all the local hero, the local boy, Joseph's son. But in the same breath, Jesus suggests to the hearers that there is more to the divine picture than just this small world in Nazareth.

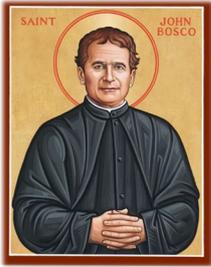
It is here that Jesus begins to preach the rejection of their narrow understanding of inclusion. You see, Jesus was reading and interpreting scripture in a way that moved beyond the local notion into what was soon to be seen as an inclusive Kingdom of God perspective. As often is the case, when we step on uncomfortable ground we risk the possibility of either offending someone or being ostracized ourselves! Here, Jesus accomplished both! Jesus, here, in the midst of Luke's gospel, becomes the radical ecumenical missionary. He steps out of the box and proclaims the radical perspective that the up-and-coming church is going to be an inclusive and encompassing body of believers that is beginning to "think outside the synagogue" as opposed to "outside the box!" The plan is bigger than us. Jesus proclaimed to them a new way to look at the world and new way to treat people! He was proclaimed to them the bigger plan, a plan they didn't want to hear, but a plan that was right for the world. We as the church are called to look beyond ourselves to a world that is in need. We are called to be "religiously mature," we are called to hear the Word of God in an inclusive way that brings the Kingdom of God to be known by everybody. We are called to leave our judgements and prejudices aside and to be open to the creativity in diversity that love demands. *How does this challenge us today?!*



## A few things to think and pray about -

- The people of Nazareth could not accept that this local boy was one to teach them. It can be difficult for us to see those close to us as people through whom God is going to reveal some truth to us. Yet what a difference when we drop our prejudices and are open to what is being said. Perhaps you have experienced this?
- Spend a little time imagining this dramatic scene: how the mood of Jesus' audience shifted and became so ugly. Ask yourself if you always find his words 'gracious' or whether you desert him when he asks something demanding of me. Is it acceptable to me that God can bless people outside the Christian churches? Am I willing to make room for everyone at the table of the Kingdom?
- The anger of the people arose when Jesus confronted them with God's inclusive ways. God was 'their God' and God's blessings were for them. Jesus reminded them that this is not God's way. When have you been challenged to think in new ways and not to be excluding some people from your thoughts or concerns? Was there good news for you in the challenge?
- Jesus offers healing and help to all of us – but we ourselves must be open to allowing him to act in our lives. Where do I need healing in my life – today?
- Jesus continued his work despite the opposition. Have there been times when despite opposition you have been able to 'walk through the people' and 'continue on your way'? Have you seen this courage in others?

"How far you go in life depends on you being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and the strong. Because someday in life you will have been all of these."



We celebrate the Feast of St. John Bosco (*Jan. 31st*), founder of the Salesian Order, committed to education. In 1845 Don John Bosco, an Italian priest opened a night school for boys in Valdocco. In the following years, he opened several more schools, and in 1857 drew up a set of rules for his helpers, which became the Rule of the Society of St. Francis de Sales, which Pope Pius IX approved definitively in 1873. The Society continues to operate worldwide; in 2000, it counted more than 17,000 members in 2,711 houses.



“We sing a song to Brigid, Brigid brings the Spring  
Awakens all the fields and the flowers  
And calls the birds to sing  
All are welcome at her door.  
No one is turned away  
She loved the poor, the sick and the sore  
She helped them on their way  
She laid her cloak out on the ground and  
watched it grow and grow  
In wells and streams and fields of green,  
St. Brigid’s blessings flow”

**Tuesday, 1st February** we mark the feast day of

St. Brigid - *Mhuire na Gael, the secondary Patron of Ireland!* The nearest St. Brigid’s Well, is off the Boot Road in Clondalkin, close to Newlands Cross. Legend has it that St. Brigid came to the site of the Monastery at Clondalkin and baptised pagans at the Well on Boot Road. The Well is believed to have curative powers. A piece of rag dipped in the water and used to wipe the face was said to cure eye complaints. After use the rag would be hung on an adjoining tree. The well was restored by South Dublin County Council in 1995. The Well and the surrounds are well cared for by locals. While visiting the Well draw your attention to the mound at the back of the Well. It is said that babies who died before Baptism are buried on the mound. The site is worth a visit!!



### St. Brigid’s Cross

Tradition tells us that St. Brigid’s unbounded charity drew multitudes of the poor to her door and much enraged her father Dubhtach, a Leinster pagan Chieftain and a stubborn disbeliever. As he lay on his deathbed, she sat by him and whiled away the time weaving a cross from the rushes at her feet. Her father asked her to explain it’s meaning and was so overwhelmed that he became a Christian before his death.

Many believed that this rush cross, which became her emblem, keeps evil and hunger from the homes in which it is displayed. For centuries, it has been customary on the eve of her feast-day for the Irish to fashion a St. Brigid's Cross of straw or rushes and place it inside the house, over the door. St. Brigid's feast day falls on the first of February, the day on which she died in 524 A.D. Her body lies at Downpatrick beside the graves of St. Patrick and St. Columba. The cross is made from rushes and tradition has it that the women who made them prayed for different people as they made each arm of the cross.

**Each arm in turn represents:**

1. The people who have walked the path before you
2. The people you will meet on your path
3. For the healing of all who have gone before you
4. For being united with our loved ones in the afterlife

And all of these prayers are gathered weaved together in the centre, in the Heart of Christ.



**St Brigid’s Crosses will be distributed after the 9am & 11am Masses on Sunday in Saggart.**



Saint Blaise was the bishop of Sebastea and a doctor. The first known record of the saint's life comes from the medical writings of Aëtius Amidenus, where he is recorded as helping with patients suffering from objects stuck in their throat. Many of the miraculous aspects of St. Blaise's life are written 400 years after his martyrdom in the "*Acts of St. Blaise.*"

Saint Blaise is believed to begin as a healer then, eventually, became a "physician of souls." He then retired to a cave, where he remained in prayer. People often turned to Saint Blaise for healing miracles. In 316, the governor of Cappadocia and of Lesser Armenia, Agricola, arrested then-bishop Blaise for being a Christian. On their way to the jail, a woman set her only son, who was choking to death on a fish bone, at his feet.

Blaise cured the child, and though Agricola was amazed, he could not get Blaise to renounce his faith. Therefore, Agricola beat Blaise with a stick and tore at his flesh with iron combs before beheading him.

Feast day: **February 3**

Patron: of throat illnesses, animals, wool combers & wool trading

*A Blessing of throats will take place during*

**11am Mass, Thursday 3rd in Saggart Parish Church**

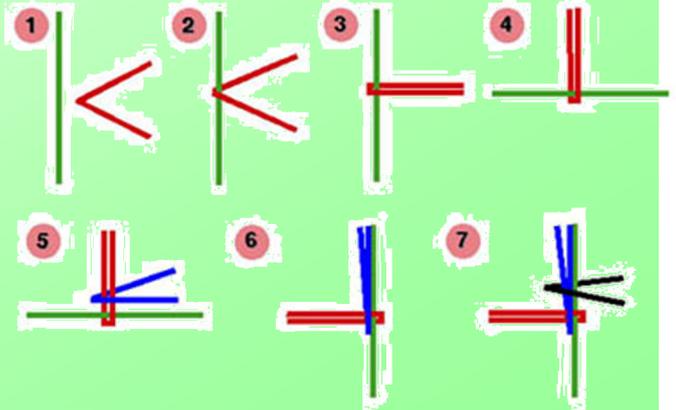
## Making a St Bridget's Cross

is a custom in Ireland. The St Bridget's Cross is made out of plants called rushes for hanging above the entrances to dwellings to invoke the help of St Bridget in warding off disease. The crosses are made at that time. Rushes were traditionally used to make the St Bridget's Cross. These were collected from wetlands and cut into pieces, 8-12 inches long. Rushes can be hard to get for city dwellers so ordinary drinking straws are a good substitute. Use rubber bands to tie up the ends.

**You Will Need** - 16 Reeds (or Straws), 4 small rubber bands, Scissors

### What to Do

- Hold one of the reeds vertically. Fold a second reed in half as in the diagram.
- Place the first vertical reed in the centre of the folded second reed.
- Hold the centre overlap tightly between thumb and forefinger.
- Turn the two rushes held together 90 degrees anti-clockwise so that the open ends of the second reed are pointing vertically upwards.
- Fold a third reed in half and over both parts of the second reed to lie horizontally from left to right against the first straw. Hold tight.
- Holding the centre tightly, turn the three reeds 90 degrees anti-clockwise so that the open ends of the third reed are pointing upwards.
- Fold a new reed in half over and across all the rushes pointing upwards.
- Repeat the process of rotating all the rushes 90 degrees anti-clockwise, adding a new folded reed each time until all rushes have been used up to make the cross.
- Secure the arms of the cross with elastic bands. Trim the ends to make them all the same length. The St Bridget's Cross is now ready to hang.



### Give up your out' sins!"

There is a story told about Leonardo de Vinci's famous painting of the Last Supper. He searched far and wide for what he considered to be an ideal model for each person in the painting. He began with a fine-looking young man, full of life, and anchored, and chose him as a perfect model for Jesus. He followed with other models for each of the apostles. Naturally, the work took several years. He left Judas till last, because he was having a problem finding someone who could represent him. Finally, he came across a tramp who was sleeping rough, who had all the appearances of being untrustworthy and, like Judas, would probably sell his soul if it brought him some money. Leonardo approached the man and persuaded him to come to his studio. While the work was in progress, both men came to the same realisation. This man had been in this studio before, ... Representing Jesus!! He had gone astray, lost his way, and was now on Skid Row. It was a great shock to de Vinci, and a moment of conversion for the man. When Jesus called on people to turn from their sins, he also asked some of them to follow him. They were to become his pupils, people who would absorb his Spirit, and continue his work. Jesus' love was conditional and that love is in everyone!!



### Important reminder from Scoil Chrónáin, Rathcoole

**Meabhrúchán ó Scoil Chrónáin, Ráth Cúil:**  
Dóibh siúd gur spéis leo áit a lorg i Naíonáin Bheaga 2022 i Scoil Chrónáin, cinntigh go bhfuil 'Foirm Iarratais Iontrála seolta ar ais go dtí an scoil agat roimh an data dúnta, 31ú Eanáir 2022 @5pm. Gach eolas [oifig@scoilchronain.ie](mailto:oifig@scoilchronain.ie) nó <https://www.scoilchronain.ie/iontrail-bhliantuil>

**Reminder from Scoil Chrónáin, Rathcoole:**  
For those who seek a place for their child in Junior Infants 2022 in Scoil Chrónáin, please ensure the 'Application Form for Admission' is returned to the school before the closing date 31st January 2022 @5pm. Further information [oifig@scoilchronain.ie](mailto:oifig@scoilchronain.ie) or <https://www.scoilchronain.ie/iontrail-bhliantuil>

### LOURDES NOVENA: "With Mary as our Companion"

Join the community of the Oblate Church of Mary Immaculate, Tyrconnell Road, Inchicore, for their annual Novena in honour of Our Lady of Lourdes. Starting on the **2nd February** and concluding with the Feast of Our Lady of Lourdes (*World Day of the Sick*) on **11th February**. The days are directed by Br Michael Moore OMI who has over 30 years' experience in parish and retreat ministry. Each day (*except Sunday*) there is Mass at 10am with Novena Reflection and Prayer followed by the Rosary at the Lourdes Grotto in the grounds of the church. Each day (*except Sunday*) there is a Service at 7pm with Exposition, Novena Reflection and Prayer, concluding with Benediction. On Sunday there will be Mass with Novena Reflection and Prayers at 11.30am and 7pm. On Friday, 11th February we will have a Mass at 7pm to celebrate the Feast of Our Lady of Lourdes followed by Torchlight Procession in the grounds of the Oblate Church ending at the Inchicore Lourdes Grotto. With Covid regulations, we will have limited capacity in the church each day, but would welcome those outside the parish to join us via the weblink through the parish website: [www.oblateparishinchicore.ie](http://www.oblateparishinchicore.ie)

The Diocese of Kerry JPIC committee are hosting the next #LaudatoSi book club exploring Pope Francis' encyclical on the environmental crisis. Everyone is welcome so please do share amongst your networks. We've had many requests for book clubs this Lent - so if you are interested I would recommend signing up to this book club soon!!

Details of how to register are below

## Caring for Our Common Home

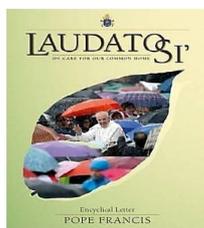
A FAITH COMMUNITY RESPONSE TO THE ECOLOGICAL CRISIS



### An Online Book Club

Starting on Tuesday 15<sup>th</sup> February, 2022

JOIN US as we read **LAUDATO SI'**, the Pope's letter to the world on *the cry of the earth*.



The LAUDATO SI' BOOK CLUB will begin on **Tuesday 15<sup>th</sup> February @7.30pm** and run weekly for **6 weeks**. It will be led by **Jane Mellett, Laudato Si' Officer for Trócaire**

Organised by the Diocese of Kerry Justice, Peace and Integrity of Creation (JPIC) Committee in conjunction with Trócaire

**To Register (free):** Apply to Des Bailey, Diocese of Kerry [desbailey@dioceseofkerry.ie](mailto:desbailey@dioceseofkerry.ie) giving your name, address, parish and please put **Book Club** in the email subject line.

The book (text) can be ordered from a local bookshop (€5) or Veritas or can be downloaded from the Vatican website <https://www.vatican.va/>

Everyone is welcome  **Diocese of Kerry** **trócaire**



### Are you experiencing food poverty?

Clondalkin Cares Food Bank can help if you are not able to afford enough food and live in our catchment area of Dublin Mid-West.

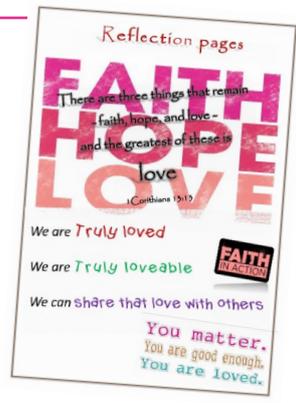
Please call **016269151** to make an appointment for registration.

The **ANNUAL COLLECTION** for **ACCORD Dublin**, the Diocesan Agency for Marriage and the Family, will be made at all Masses on the weekend of 12 & 13 Feb. ACCORD Dublin throughout the Diocese offers:

- Marriage Preparation courses – online, small groups.
  - Counselling for couples and individuals experiencing difficulties in their relationships, currently online or by phone.
  - A Relationship and Sexuality Programme for schools.
- ACCORD Dublin needs your support this year more than ever.



This Sunday, we have the beautiful reading from the first letter of St Paul to the Corinthians that is a favourite of many a wedding, etc., Love is! So we have a little gift of a little booklet of reflections, exercises and thoughts that you may find useful or like to share



Hope you enjoy it!!

You can download, print and share it from

<https://drive.google.com/file/d/1qiLLgqNCzTNV9o4PtndtjyqgDirRBAJ4/view>



### AWARE - SUPPORT & SELF CARE GROUPS

If you, or those with whom you work wish to connect with people in relation to your mental wellbeing, please consider using the Phone in and Zoom Support & Self Care Groups, the Support Line or Support Mail. These services provide support, coping skills and information – and most importantly help people who are in distress to know and feel that they are not alone in their experience.

For more information about the groups

<https://www.aware.ie/support/support-groups/> and all of our services on [www.aware.ie/](http://www.aware.ie/)

If you would like to volunteer with Aware, please see their website for more information:

<https://www.aware.ie/get-involved/volunteering/>

# WRITE THAT NOVEL

Online writing workshop  
with  
Louise Philips

**8 Week Course Starting Thursday  
3rd February at 6:30pm**

**Bookings for this course can be  
made in Tallaght Library**

Write that Novel' will look at the various aspects of novel writing including character development, point of view, dialogue, plotting and pace.

**It is suitable for writers who are just starting out, in the middle of writing their novel, or who have completed their first draft.**

Throughout the workshop participants will receive editorial critique to help sharpen their creative voice, alongside tips on how to establish a successful writing routine.

**Participants will take away the tools required to write a novel, including practical guidance from how to get started, up to and completing a first draft.**

Many of Louise's students have achieved publication success, including those who have gone on to become International Bestsellers.



Please note for this event preference will be given to those who live, work or study in South Dublin.



Taking place over 8 weeks, this course begins on the 3rd February at 6:30. Suitable for writers who are just starting out, in the middle of writing their novel, or who have completed their first draft.

To book your place on the course pop into Tallaght Library and register. Places are limited, and on a first come first serve basis. You must attend all 8 sessions.

## Tips for parents concerned about NITROUS OXIDE

#TalkDrugs

HSE DRUGS.ie  
Drug and substance information and support

The **HSE Ireland** have developed practical advice for parents who are concerned about new drug trends among young people such as the use of nitrous oxide.

Visit

<https://buff.ly/30xpk6y>

## EXPECTANT DADS!



From Lads to dads and Blue Skies Initiative are collaborating on an antenatal programme specifically for Dads to be.

If you would like to discuss it or learn more about the programme or support in your area then please contact or Dave at [fromladstodads18@gmail.com](mailto:fromladstodads18@gmail.com) or Mary at [mmccarthy@archways.ie](mailto:mmccarthy@archways.ie)

Also have a look at

<https://www.facebook.com/FromLadstoDads> for more info



Applications for the next **Foundational Leadership Course for Young Adults** is now open.

Do you want to meet other young adults and explore ways of learning more about your faith and how you can take on leadership roles in your local area. As we emerge from Covid19 we need a new generation of leaders in our communities to take on some exciting challenges ahead. FLP is an effective and proven course helping young adults find new purpose and assists them in their life choices.

Get in touch via [Gerard.gallagher@dublindiocese.ie](mailto:Gerard.gallagher@dublindiocese.ie)

**COME TO  
WORLD YOUTH DAY 2023**

*'Mary arose and went with haste.'*  
Luke 1:39

Want to know more?  
Contact [wyd@dublindiocese.ie](mailto:wyd@dublindiocese.ie)



Your mind will always believe everything you tell it. Feed it hope. Feed it truth. Feed it with love.



**World Day of the Sick**

11 February 2022



**"Be merciful, even as your Father is merciful" (Lk 6:36).**

**Standing beside those who suffer on a path of charity**

# St Brigid's Day Recipes

Like feast days throughout the world food is involved in the celebration of St. Brigid's life. Colcannon, Boxy Cakes and St. Brigid's Oatcakes for the children were big favourites. Here's a few traditional recipes you may like to try as family at home. You'll notice that the ingredients reflect the simplicity of the time and are easily found. To this day they are still favourites in many Irish homes. Colcannon in particular was eaten in many Irish homes especially on Fridays when up to very recently meat wasn't eaten as part of religious observances.

## Colcannon (serves 6)

- 1 ½ lbs. Green Cabbage, 2 cups water, Knob of butter,
- 1 ¼ lbs peeled and quartered potatoes, 1 tablespoon chopped parsley,
- 1 cup cleaned and chopped leeks white part only
- 1 cup milk, Salt and pepper to taste, Butter Bomb (a ball of butter)



Simmer the cabbage in two cups water and oil for ten minutes, then drain, and chop fine. Boil potatoes and water, and simmer 'til tender. Simmer the leeks in milk for ten minutes 'til tender. Drain and puree the potatoes. Add leeks and their milk and the cooked cabbage, and mix in. Add the salt and pepper. Mound on a plate and bury the "butter bomb" in the middle of the mound. Garnish with parsley. My old School Principal once told us that in his house there was a tradition of "hiding" money wrapped in tin-foil in the colcannon and you had to eat your way through the colcannon to find the cash. He thinks that this tradition wasn't very widespread but was his Mam's way of getting us kids to eat all that veg!! Clever woman!!

## St. Brigid's Oatcakes (serves 4)

- 2 cups uncooked, old-fashioned rolled oats (*not instant*), 1¼ cups buttermilk
- 2 ½ cups sifted bread flour, 1 teaspoon baking soda
- ½ teaspoon baking powder, 1 teaspoon salt, Vegetable oil spray



A day ahead, combine the oats and buttermilk in a small bowl. Blend thoroughly, cover and refrigerate overnight. The next day, preheat the oven to 350 degrees F/180 degrees C. Remove the oat mixture from the refrigerator. Combine the bread flour, baking soda, baking powder, and salt in a large bowl. Slowly add the oat mixture and stir with a wooden spoon 20 to 30 times, or until you have a smooth dough. Grease a baking sheet with the oil spray. Turn the dough onto the baking sheet, and use your hands to form a round, cake-shaped loaf about 1-inch thick. Use a sharp knife or pizza cutter to cut the dough into 4 quarters. Move the quarters apart slightly, but keep them in the original round shape. Bake until the cakes are light golden brown and firm to the touch, 30 to 35 minutes. Cool slightly on a rack, and serve with butter and jam or preserves. Makes 1 loaf (in quarters).

## Boxy Cakes (makes 12)

- ½ lb hot cooked potatoes, ½ lb grated raw potatoes
- 2 cups flour, 1 teaspoon baking soda, 1½ cups buttermilk
- Butter for frying, Salt and pepper

ENJOY!  
☺



Drain, peel and mash the hot potatoes. Stir in the raw potatoes, flour and baking soda. Add salt and pepper to taste. Mix well with enough buttermilk to make a stiff batter. Shape into 3 inch patties about ¼ inch thick and fry on hot greased griddle until crispy and golden on both sides.

We'd love to see some pic's of your creations!

## Love: True or False?

*Do you know what Saint Paul taught us about love?  
See if you know which are true and which are false,  
according to today's second reading...*

- Love sometimes fails. True or false?
- If I have faith enough to move mountains but don't have love I am nothing. True or false?
- Love is patient and kind. True or false?
- Love is jealous. True or false?
- If I can prophesy and understand all mysteries but I don't have love then I'm still great. True or false?
- When you love then you are mostly interested in taking care of yourself. True or false?
- The three most important virtues are faith, hope and love, but love is the greatest. True or false?

A	R	E	D	F	S	U	H	T	E	SYNAGOGUE	WORDS	PHYSICIAN
N	N	U	E	D	A	E	O	N	L	LIPS	HEAL	PROPHET
N	W	G	R	S	A	M	A	N	I	COUNTRY	WIDOWS	SHUT
T	O	O	U	L	W	I	I	W	P	FAMINE	LEPERS	NONE
E	W	G	C	Y	C	O	O	N	S			
H	S	A	N	I	A	R	D	O	E			
P	T	N	S	O	H	D	N	I	A			
O	U	Y	R	T	N	U	O	C	W			
R	H	S	R	E	P	E	L	T	A			
P	S	D	E	G	A	R	N	E	Y			

SO JESUS DOESN'T DO ANYTHING FOR THE PEOPLE OF HIS HOME-TOWN?

NO— IT SEEMS THEY EXPECTED SPECIAL FAVORS.

OR MAYBE THEY COULDN'T HEAR HIM 'CAUSE THEY KNEW HIM WHEN HE WAS A KID... MAYBE...

AND WHO WANTS TO ADMIT THAT THEY MADE FUN OF THE MESSIAH WHEN THEY WERE IN SCHOOL TOGETHER.

www.angelsand.com  
Luce 4:21-30  
Government 01.01.21