

Holy Communion Preparation



Lesson 2 Mass



Fill in the blanks with the words provided below

At Mass Jesus is present to us in many ways. He is present to us in the _____ gathered. He is present in the _____ that we listen to. Jesus is present to us in the _____ that we receive. Every Mass includes some of actions and words that Jesus used at the _____. The reason we celebrate Mass is because Jesus said, 'Do this in _____'. At the start of Mass we sometimes pray a prayer called the _____ to say sorry for our sins. The reader then reads stories from _____. The priest asks the Holy Spirit to change the _____ and _____ into the _____ and blood of Jesus. When we receive Holy Communion we welcome Jesus and ask him to help us to be more like him.

(bread, Word of God, Scripture, wine, Holy Communion, 'memory of me', body, community, Last Supper, Confiteor)

Put the four 'S's of Mass in the correct Order

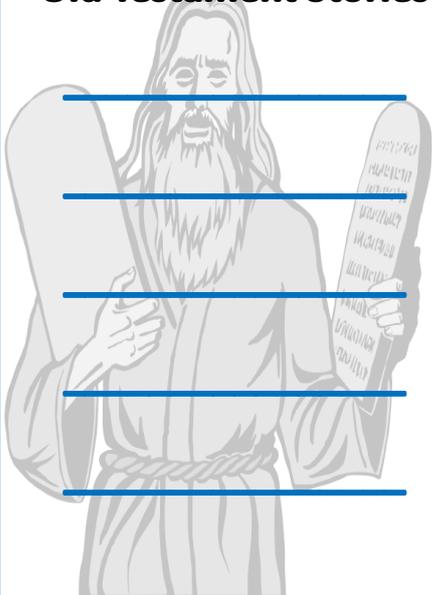
1. _____ 2. _____ 3. _____ 4. _____

(Supper/Sacrifice, Sorry, Sending, Story/Scripture)

The Word of God

The story of our faith is told to us in the Bible. At every Mass Jesus is present in the Word of God that is read and he speaks to us in these words. We listen to what Jesus is saying to us in the readings and we try and put these words into action. The first reading is usually taken from the Old Testament and the second reading is taken from the New Testament. Look through the following list of famous scripture stories and move them into the right section of the Bible:

Old Testament Stories



The Creation Story

The Baptism of Jesus

The Wedding at Cana

David and Goliath

Noah and the Ark

Zacchaeus

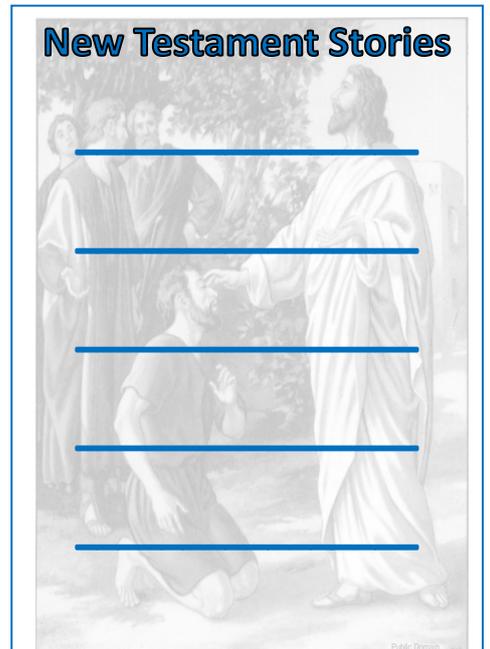
Moses dividing the Red Sea

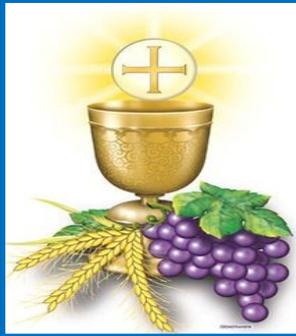
The Last Supper

The miracle of the loaves and fish

Jonah and the whale

New Testament Stories





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Section C: The Order of Mass

Place the following items in the correct order of when they appear at Mass:

- Second Reading 1. _____
- Opening Prayer 2. _____
- Confiteor 3. _____
- Liturgy of the Eucharist 4. _____
- The Gospel 5. _____
- The Psalm 6. _____
- First Reading 7. _____



Answers: (1. Confiteor, 2. Opening Prayer, 3. First Reading, 4. The Psalm, 5 Second Reading, 6. The Gospel, 7. Liturgy of the Eucharist)

Family Assignment

Complete the following section with members of your family (where possible)

1. Think about your favourite Bible stories
 - a) Share with each other the story you like the most and why you like it.
 - b) Go through each story that you have mentioned and see if you can figure out as a family what Jesus could be saying to us today in and through this story.
 - c) Using a Bible look up the following Bible Verses and see what story you will find. (If you have more than one Bible you could challenge each other to see who finds the passage first. Write the story beneath the verse number.



Luke 10:25-37

Mark 1:9-13

John 2:1-12

Matthew 14: 13-21

Luke 15:11-32

2. As a family share your memories of Communion. Where did you receive Holy Communion for the first time? Who was your teacher and who was the priest? Can you remember any of the prayers that you prayed or the hymns that you sang? Can you remember what it was like to receive Jesus in Holy Communion for the first time? What family members were there? Can you remember what the weather was like and what you wore?
3. An important way to prepare for receiving Holy Communion for the first time is to learn the prayers that you pray on the day. It can be good to have help to learn the prayers. Open page 64 of your 'Grow in Love' student book and together practice praying the following prayers:

- 1) Confiteor
- 2) Prayer before Communion
- 3) Prayer after Communion